



ST CUTHBERT MAYNE WEEKLY BULLETIN

WEDNESDAY 10th DECEMBER 2025

Welcome to this week's update. Below you'll find the key dates and important notices for the weeks ahead. This bulletin, can always be found on our website at [Wednesday email](#) . For full school calendar please follow this [link](#).



Upcoming Events and Trips

Date	Year Group	Trip/Event
Thursday 11th December 1.45pm	3/4	Christmas Performance
Thursday 11th December	6	Nurses coming in for Health Questionnaire
Sunday 14th December	All	Caritas Singing at Our Lady of All Creation
Wednesday 17th December	All	Christmas Dinner (available to order in Swift App). Children welcome to wear Christmas jumper and non school uniform!
Thursday 18th December	All	Class Christmas Parties (except 5E and 6J)
Thursday 18th December	All	Parent Association Raffle being drawn (see Arbor to purchase tickets)
Friday 19th December	5E and 6J	Class Christmas Party
Friday 19th December 1.45pm	All	End of term. Please collect children at 1.45pm
Tuesday 6th Jan 2026	All	Children return to school at normal time
Thursday 8th Jan 2026	All	Mass Epiphany at St Marks JFK – parents/carers welcome to walk with us. Leaving school at 9am
Friday 9th Jan 2026	4	Year 4 Swimming lessons start
Monday 12th Jan to Thurs 15th Jan 2026	All	Young Shakespeare Workshops at school



Reminders and Notices

- Reminder: If your child would like **Christmas Dinner on Wednesday 17th December**, please do order via the Swift Kitchen app by 4pm **Friday 12th December**.
- St Cuthbert Mayne Afterschool Sports Clubs for Spring Term 2026** are now open on Arbor. Please see schedule below:-

Mon	Tues	Weds	Thurs	Fri
Dodgeball	Boys Football	Girls Football	No Clubs	Archery
All years	Years 5 and 6	Open to all years but years 5 and 6 will take priority for matches		All years
	Netball			
	Years 5 and 6			

- Class Christmas Parties are on Thursday 18th December.** Please send in two individually wrapped treats such as individual sized cookies or crisps. These will be for your own child's consumption so please no share sized bags and no nuts. Please also send in a non- fizzy drink.
- 6J and 5E** will be having their **Class Christmas Party on Friday 19th December**.
- Reverse Advent Calendar for DENS Foodbank.** We invite families to take part in our **Reverse Advent Calendar**. Instead of receiving a gift each day, we would like to encourage families to **donate** an item for the DENS Foodbank. Collection boxes will be in each classroom, and we ask families to kindly contribute items from the attached **High Needs List**. All donations will be delivered to the foodbank on **19th December**. Thank you for your generosity and support during this season of giving.
- [Christmas Eve Family Masses](#) at Ss Mary and Joseph Church, Boxmoor with the Blessing of the Crib are at 5pm and 6.30pm. Sung Mass in the Night is at 9pm.
- [Advent Calendar - Free Healthy Lifestyle Services | Hertfordshire](#)
- Swimming Year 4** Spring Term 2026 – please consent and contribute



- **Spring Term 2026** - Art Club with Mona will take place on Monday afternoon 15.30 to 16.30 - 12th January 2026 to 23rd March 2026. To book on please email mshirazn@gmail.com.
- [Advent Calendar - Free Healthy Lifestyle Services | Hertfordshire](#)
- **A reminder to please not park in Clover Way.** We have had reports from the residents of cars parked over the double yellow lines. Please park in the shared car park at the back when collecting children or visiting the school even if it is for a short visit.
- Reminder that **Breakfast Club open timings are as follows: Gates open at 7.50am and close at 8.15am.** Please can we ask that children arrive before 8.15am.



Ongoing reminders

- To report your child's absence please email attendance@cuthbertmayne.herts.sch.uk
- Please do remember, if your child will not be present at school through illness or any other reason, to cancel their lunch order through the Swift Kitchen app before 09.30am otherwise you will be charged.



Useful Links

[Information about Breakfast and Afterschool Club](#)

[Link to School calendar](#)

[Administration of Medication- Parental Request Form](#)

[Application for Leave of Absence Request](#)

[Volunteer Helpers on School Trips](#)

[Year 6- Walking Home From School Permission](#)

[Year 6- Mobile Phone Permission](#)

[Healthcare Plan – Pupil with Medical Condition](#)

<https://lynendo.com/products/st-cuthbert-mayne-royal-with-single-white-stripe-ties-5402-9103> (to buy a tie)

<https://www.teamworld.co.uk/scm> (to buy a badge)



St Cuthbert Mayne Catholic Junior School

Christmas Raffle

**Draw to be held Thursday 18th December –
winning items will be sent home by Friday 19th!**

See additional flyer for the full list, but items you could win include a signed Arsenal Football, Family Photoshoots, Vouchers and many more!

**Tickets for the draw are £5 each and can be purchased either via Arbor,
or as advertised via a PA representative**

Winners will be contacted once the draw has taken place

Parentkind
Member Association



St Cuthbert Mayne Catholic Junior School PA

Raffle Prize List

Authentic Arsenal Signed Football
 Children's Photo Shoot (Courtesy of In The Frame Photography)
 Photo Shoot (Courtesy of Photographic Synergy @ Willows Activity Farm)
 Panettone (Courtesy of Salvo1968)
 Voucher (Courtesy of Warehouse Pizza)
 £20 Voucher (Courtesy of Masons Coaches) x 2
 Family Yoga Session (Courtesy of Boxmoor Yoga)
 Voucher for Childs Haircut (Courtesy of Barber 101)
 Voucher for 8" Celebration Cake (Courtesy of Creation Cakes) x2
 £25 Voucher (Courtesy of The Snow Centre)
 Family Ticket to any Hemel Storm Basketball Game this Season
 £20 Voucher (Courtesy of DJs Play Company)
 2 1 to 1 Coaching Sessions (Courtesy of Prime Skillz Coaching) x3
 Group Fun Voucher – 60 min Coaching Session for up to 5 Children (Courtesy of Prime Skillz Coaching)
 Tub of Celebrations (Courtesy of Tesco Express – Warners End)
 Tub of Quality Street (Courtesy of Tesco Express – Warners End)
 Selection Boxes & Fun Size Mars (Courtesy of Tesco Express – Warners End)
 Box of Quality Street (Courtesy of RN News Ltd – Warners End)
 Fish & Chips for 1 (Courtesy of Warners End Fish Bar)

Parentkind
Member Association

JUDO AFTER SCHOOL CLUB



AKA ADEYFIELD JUDO CLUB

- + IMPROVES FITNESS
- + FLEXIBILITY
- + COORDINATION
- + ENHANCING SELF DEFENCE SKILLS
- + DISCIPLINE
- + CONFIDENCE
- + FUN!!

St Cuthbert Mayne
Catholic Junior School

Years 3, 4, 5 & 6

Thursdays: 3.30pm – 4.30pm

ONLY £60 for the term
(WINTER TERM - JAN 8TH TO MAR 26TH)

NO EXPERIENCE IS NECESSARY
ALL ABILITIES ARE WELCOME

Contact Sensei Ryan to Book: 07821823237



DACORUM FOODBANK HIGH NEEDS LIST

FOOD

- Tinned ham/corned beef
- Tinned fruit
- Cooking sauces
- Long life juice/squash
- Jams and spreads
- Tinned vegetables
- Tinned sweetcorn
- Tinned fish
- Sweet and savoury biscuits
- Christmas chocolates and selection packs
- Custard
- Nuts
- Rice pudding
- Sponge puddings



CHRISTMAS 2025

KITCHEN/HYGIENE

- Roasting trays (large)
- Deodorants
- Laundry liquid/tabs/powder (small packs)
- 2-in-1 shampoo

Please note:

We do not accept furniture, clothes, shoes and accessories.

Donations/deliveries

Dacre House, 19 Hillfield Road, Hemel HP2 4AA
Monday-Friday 10am-1pm

For large donations, please contact:
T: 01442 250969 E: foodbank@dens.org.uk

Let's stir up some Festive Fun!

17.12.2025

Roasted English Turkey Breast & Pig in
Blanket

or

Creamy Parsnip & Squash Bake

Both served with

Roasties, Carrots, Peas & Gravy

or

Penne Pasta with
Tomato Sauce

—

Reindeer Biscuits

or

Fresh fruit



Stir.
let's eat. together



We are pleased to announce that Apex Multisports are back at
ST CUTHBERT MAYNE SCHOOL
With our popular Football clubs



SPRING TERM 2026

THURSDAY AFTERSCHOOL FOOTBALL

3:30 - 4:30pm
Years 3 - 4
CLUBS ON 15th JAN
UNTIL 19th MAR
(no club on 19th FEB)
9 SESSIONS
FULL COST IS £58.50

PLACES ARE LIMITED AND ARE GIVEN ON A FIRST COME FIRST SERVE BASIS

BOOK ONLINE AT: WWW.APEX360.CO.UK/BOOKINGS

If you have any queries, please do not hesitate to contact me:
Luke Pidgeon on 07591 280950 or at luke.pidgeon@apexmultisports.co.uk

**Don't forget our popular Holiday Camps will be running in [TOWN/S] during the
Easter and Half Term Holidays**
Book online at apex360.co.uk/camps





KEW *Dance*

Street dance at St Cuthbert Mayne
Jan-March 2026

- The club will start on **Wednesday** the 14th of January and run for 10 weeks up to and including the 25th of March.
- The club will run for years 3-6 Wednesdays 3.30-4.30pm
- It is essential for children to wear something comfortable and appropriate footwear
- The total cost for the course is £80 per pupil
- Payment details. Account: KEW Dance, sort code: 40-24-07, account number: 21574493
- All forms should be returned to: kewdance@hotmail.com

Maximum of 29 places and this will be offered on a first come first served basis

Any questions please don't hesitate to contact me.

Yours sincerely

~ 07807 061 970 ~ kewdance@hotmail.com ~ www.kewdance.net



Cuthbert Street dance - Please Detach & Return to email address before the first session. Your child will automatically have a place in the class unless you receive a phone call from KEW stating otherwise.

NAME	Male/Female
ADDRESS	POSTCODE:
TELEPHONE (HOME)	
PARENT EMAIL ADDRESS	
SCHOOL YEAR	DOB:

Contact and Medical Information

NAME OF PARENT/ GUARDIAN	
EMERGENCY CONTACT NUMBER	
ALTERNATIVE CONTACT NUMBER	
ANY MEDICAL CONDITIONS?	



Dacorum Community Trust

The Local Charity Helping Local People

Charity Number: 272759

ABOUT US



Dacorum Community Trust is a small charity with the purpose of providing practical support for people experiencing financial hardship in Dacorum. As a small, independent charity we are able to act quickly and will consider all requests for essential household items.

We do not have cash or any debts.

HOW CAN WE HELP?

We may be able to help in a variety of ways depending on your circumstances. Examples of items we can provide:

- Energy and supermarket vouchers
- Large and small white goods
- Kitchen and bedroom starter packs
- Beds and cots



HOW DO I APPLY?

Please send a completed application form ([available here](#)), together with a current one month bank statement, proof of income and a tenancy agreement.



Please note we are unable to process applications without the supporting documents.

CONTACT US

You can contact us by phone, email or visit our website.

Tel: 01442 253216

Email: applications@dctrust.org.uk

Website: www.dctrust.org.uk



Dacorum Community Trust, The Forum, Marlowes, Hemel Hempstead, HP1 1DN

Online
Course

strengthening families strengthening communities

Want to get some new ideas to help
you be the best parent you can be?

Enhance your relationship with your children?

Learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies and child development.
- Hear from other parents.
- Worksheets and hand-outs.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.

Topics covered...

- Healthy relationships.
- Understanding and managing behaviour.
- Enhancing children's self-esteem.
- Emotions and empathy.
- What to expect for the age of your child.
- Being part of a community.

Group discussion...

1. Speak to a course expert and get answers to any questions you might have.
2. Talk about how the strategies are going at home and how to adjust them for you.
3. Address other difficulties relating to parenting.
4. Hear from others about what works for them.



Find out more or register for the course by scanning the
QR code or emailing us at: sfscparent@racefound.org.uk

Stronger Relationships Online Course

For parents and other adult carers
living together or apart



- Do you want to get some new ideas to help you be an even better parent ?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion



Information on
strategies to identify
and reduce arguments



Hear from other
parents and carers



Downloadable
worksheets and
handouts



Videos, quizzes and
interactive activities



Do sessions at a time
that works for you



Weekly support from
our course experts

TOPICS COVERED

- Healthy adult relationships
- Identifying and managing disagreements
- Understanding how conflict affects your children
- Enhancing parent-child relationships
- Managing stress, anger and emotions
- Strategies to resolve conflict and create a parenting agreement

GROUP DISCUSSION

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home and how to adjust them for you
3. Address other difficulties relating to your relationships
4. Hear from others about what works for them

Find out more
or register for
the course by
scanning this QR
code or email us at:



sfscparent@racefound.org.uk

strengthening
families
strengthening
communities

**Children's Wellbeing Practitioner Workshops
January – March 2026**

Workshops are open to all young people & parents/carers of children and young people who attend a school or are registered with a GP in Hertfordshire. A referral is not needed to access a workshop.

All workshops are currently being delivered online via Microsoft Teams. For more information about what each workshop covers and to book a place onto a workshop, visit <https://www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787>



Workshop	Date & Time
Emotional Wellbeing (For Young People 11-16) A workshop focused on adolescents managing their emotional wellbeing and things parents/carers can do to help.	Thursday 22 nd January 6-8 pm Thursday 12 th March 6-8 pm
Adolescent Self-Esteem and Resilience A workshop focused on adolescents improving their self-esteem and resilience and what parents/carers can do to help.	Tuesday 27 th January 6-8 pm Tuesday 3 rd March 6-8 pm
Supporting your Child's Self-Esteem and Resilience A workshop focused on parents/carers supporting their child to improve their self-esteem and resilience.	Tuesday 24 th February 10-12 pm
Supporting with Sleep Difficulties This workshop focuses on supporting children and adolescents with managing their sleep difficulties and things parents/carers can do to help.	Tuesday 3 rd February 6-8 pm
Developing your Child's Emotional Literacy A workshop focused on parents supporting their child with developing emotional literacy.	Thursday 8 th January 6-8 pm Tuesday 10 th February 10-12 pm Tuesday 24 th March 6-8 pm
General Emotional Wellbeing and Regulation Tips for Parents/Carers A workshop focused on parents supporting their child's general emotional wellbeing and ability to emotionally regulate.	Tuesday 13 th January 10-12 pm Thursday 19 th February 6-8 pm Wednesday 18 th March 10-12 am

To access the recorded **Emotionally Based School Avoidance Webinar** please visit:
<https://www.hct.nhs.uk/service-details/service/childrens-wellbeing-practitioners-21/>